



**SATURDAY, SEPTEMBER 14**  
**9 am - 2 pm**

Baker Park - 923 Parkside Dr.  
New Castle, IN  
For more info: 765-717-5850

**MERIDIAN**

**HEALTH Services**

Physical. Mental. Social Well-Being.

# Suicide Prevention & Awareness Walk

Held during National Suicide Prevention Week Sept. 9 - 15

**9:00** Check-in & Registration

**10:00** Guest Speaker

**10:30** Free 5k Walk Begins

Refreshments available to all 5k participants.

Free health screenings,  
speakers, local vendors and  
information booths  
throughout event.

**REGISTER @ [MeridianHS.org/SuicideAwareness](http://MeridianHS.org/SuicideAwareness)**



*"It's not a sign of weakness to ask for help.  
It's a sign of strength."*

[MeridianHS.org](http://MeridianHS.org)



[MeridianHealthServices](http://MeridianHealthServices)