



RENEWING LIVES WITH COMPASSIONATE CARE



RENEWLIVECOMPASSIONCARE

2007-2008
Meridian Services Annual Report

Meridian Services has been meeting the behavioral health needs of adults, adolescents, and children for more than 30 years. We are a regional, private, not-for-profit behavioral health care system offering a range of inpatient and outpatient services.

Meridian Services provides quality mental health and addiction services. We strive to foster independence and enrich lives through compassion and behavioral health expertise. Often, individuals who come to Meridian Services find that a significant change in their lives occurs with just a few visits.

To learn more about Meridian Services, call 1-866-306-2647 or visit www.meridiansc.org.

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RENEW LIVE COMPASSION CARE

President and CEO *Hank A. Milius*

I am proud to share with you Meridian Services' accomplishments and growth over this past year. Each of this year's highlights demonstrate our commitment for future progress.

As Meridian Services' team has grown, so have our capabilities and service to our communities. Medical staff members recently joined our team and strengthened our ability to provide behavioral health care services. A collaboration with Ball Memorial Hospital included the development and management of Gero-Psychiatric Services, a new service provided by Meridian Services.

Established Meridian Services' programs thrived and expanded this year as well. Since its opening in 2007, the Child Advocacy Center (CAC) has investigated 144 cases of child abuse and has proven its effectiveness in prosecuting perpetrators and protecting children. FosterHope, Meridian Services' therapeutic foster care program, continues its successful recruitment, training, and licensing of new foster families.

Not long ago, Meridian Services celebrated 30 years of service as a behavioral health care provider. As we look past that important milestone, we share with you our commitment to continued growth and service for the future. I also thank our Board, staff members, partners and community for their ongoing support and guidance.



Board Chairman *Al Rent*

As the behavioral health care industry continues its development, Meridian Services continues to demonstrate its leadership and growth for the good of all patients and families.

Under the stewardship of the Board and leadership of President/CEO Hank A. Milius and the Meridian Services staff, this past year has been one of remarkable development. Established goals were met and new services came to life through long-term efforts. Also, the services that were introduced by Meridian Services long ago reached a new level of success this year. It can be said that Indiana residents have access to the highest quality behavioral health care than ever before.



I am pleased to work alongside a dedicated and visionary Board and I look forward to the challenges and successes that we will find together in the upcoming year. I also welcome our new Board members, Doug Loy and Vicki Tague.

Each member of our Board develops the connection between Meridian Services and our communities. During this year, Meridian Services exhibited a true commitment to our communities through outreach activities, involvement, service and leadership. As chairman, I am certain that Meridian Services will exceed their newest accomplishments and reach an even higher level of success this year.



Meridian Services' specialized foster care program, FosterHope, is devoted to Indiana children in need of emotional or mental health support. It is a therapeutic program that recruits, trains, and licenses new foster families within the State of Indiana. FosterHope was introduced by Meridian Services in January 2008.

FosterHope offers therapeutic care that a foster child requires with the hope of reunification and reducing the overall time in a foster home. Meridian Services provides ongoing support to foster parents and clinical services to foster children.

New foster parents are needed every day. In 2005, nearly 6,000 children in Indiana lived in a foster care environment.

There's a child hoping for someone like you.

A close-up photograph of a young African American boy smiling broadly, showing his teeth. He has short hair and is wearing a brown textured jacket. The background is blurred green foliage.

Finding Hope



New Specialty Care

Senior adults facing mental, emotional or behavioral concerns now have a new resource for specialty care. In 2008, Meridian Services introduced Gero-Psychiatric Services through a partnership with Ball Memorial Hospital in Muncie. Acute inpatient care services are provided by Meridian Services and are located on the Ball Memorial Hospital campus. A participating senior will stay at the hospital as a patient and receive quality care from psychiatrists, therapists and nursing staff. The mission of Gero-Psychiatric Services is to help senior adults safely return to their regular living environment. Seniors with mental, emotional, or behavioral problems are eligible for acute inpatient care offering evaluation, therapy and skill building.

The Meridian Services' Gero-Psychiatric Services staff includes a qualified team of specially trained senior care professionals. Dr. Hai Tsao, Medical Director/Vice President of Medical Services and a geriatric psychiatrist, oversees the clinical operations of Meridian Services. His expertise has guided the development of this new inpatient service offered through Meridian Services.



CAC and The Gresham Center

Child Advocacy Center

In its first 16 months, the Child Advocacy Center (CAC) in Muncie has investigated 144 cases of suspected child abuse. The CAC has been instrumental in prosecuting child abuse perpetrators and protecting child abuse victims.

The CAC offers interviews and investigations of children who have experienced abuse. It is a safe place for a child to share a terrible and unwanted experience. Interviews are conducted by a multi-disciplinary team of professionals.

The Gresham Center

The Child Advocacy Center is housed at The Suzanne Gresham Center, a division of Meridian Services. Since its opening last year, The Gresham Center provides behavioral health treatment services for Indiana's children and their families.



Meridian's Medical Staff

Meridian Services has improved its medical resources with the recent addition of medical staff, including four physicians and six nurse practitioners. The staff allows Meridian Services to offer more extensive inpatient and outpatient care than ever before.

Dr. Hai Tsao, Medical Director/Vice President of Medical Services, oversees the clinical operations of Meridian Services. His expertise and specialty in geriatrics has guided the development of the services Meridian offers.



Standing (L to R)
Medical Director/Vice President of
Medical Services Hai Tsao, MD,
Sarfraz Khan, MD, Babar Hussain, MD
Izzet Yazgan, MD, Terri Helbling, NP

Seated (L to R)
Diana Bantz, NP, Irene Hoover, NP
Tammy Coomer, CNS, Andrea Loya, NP

Not pictured
Ann Wieseke, NP



Commitment to Community

Suicide Prevention

Meridian Services has demonstrated a strong commitment to the community through important mental health awareness efforts. Recently, Meridian Services, the Delaware County Health Department and the Suicide Prevention Coalition developed a suicide prevention campaign.

This campaign helped Indiana residents become aware of depression treatment and support services. Outdoor billboards were placed throughout the area that featured the Meridian Services' toll-free help line.

Giving Back

Meridian Services' commitment to community is also demonstrated by the organization's dedication to providing the highest quality mental health care in the area. Individual staff members demonstrated their personal commitment by giving back to their community through outreach events, educational efforts, financial support and by actively participating in local service organizations such as Rotary Club and United Way.

Crisis Assistance for Developmentally Disabled

When someone with developmental disabilities experiences a behavioral or psychiatric emergency and needs immediate help, the Meridian Services' Crisis Assistance hotline can help. The Crisis Assistance hotline, **1-866-920-3272** is available 24 hours a day/7 days a week. Calls are received immediately by a representative of Meridian Services.

Crisis Assistance includes in-home assessment, intervention and out-of-home care.

Balance Your Wellness

With clinical data showing that people with mental illnesses have a high risk for obesity, diabetes, high blood pressure, and other metabolic abnormalities, Meridian Services partnered with Pfizer and their Balance Your Wellness program to help treat and diagnose these individuals. The Balance Your Wellness program, which is sanctioned by the National Council for Behavioral Healthcare, offers free screening of metabolic indices of up to 100 mentally ill patients in a psychiatric setting.

Meridian Services held this event with Pfizer and Impact Health, on September 11, 2007. They helped to successfully screen 54 of Meridian Services' clients.

*Addressing
Challenges*



Financial Report

July 1, 2007 - June 30, 2008

Charges generated from serving 8,861 clients	\$27,576,000
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We did not receive full payment from:

Those unwilling or unable to pay	(\$5,886,000)
Other contractual agreements	(\$11,842,000)

We received additional income from:

Federal, state and local government	\$11,714,000
Investment earnings	\$73,000
Other sources	\$3,193,000
Total Funds Available	\$24,828,000

We applied our funds to:

Pay 347 employees	\$12,878,000
Provide Employee Benefits	\$3,728,000
Purchase services and supplies	\$3,444,000
Facilities, operating costs and the provision for future services	\$4,661,000
Pay principal and interest on debt	\$117,000
Total funds applied	\$24,828,000



Meridian Services board members:

Standing (L to R)

President/CEO Hank A. Milius,
Vicki L. Tague, Micah A Maxwell,
Michael Lunsford, Steve Moore

Seated (L to R)

Charlie Sursa, Terri E. Matchett, Doug Loy,
Brian Ring, Board Chairman Al Rent



MERIDIAN *Services*

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Meridian Services is accredited by The Joint Commission and is certified by the Indiana Division of Mental Health and Addictions. In addition, Meridian Services is a member of The Mental Health Corporation of America, The National Council for Community Behavioral Healthcare, and The Indiana Council of Community Mental Health Centers.

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