Dear Friends of Meridian,

Our staff’s “work of heart” is embedded within the exceptional professional skills and compassion while providing services to our community and empowering healthier lives.

There’s a saying, “Nobody cares how much you know until they know how much you care.” Our professional staff has given their “heart” in delivering services to those in need.

Learning of a need is one thing, but meeting that need requires a team of like-minded hearts coming together to provide solutions. This year we provided a “work of heart” in the expansion of addiction services to several communities, expanded our Maternal Treatment Program with Peer Recovery Specialists, acquired Madison Community Health Center thereby providing a platform to expand dental care, and provided Suicide Prevention training to over 800 individuals.

All of these initiatives are a “work of heart” and delivered to our communities through our compassionate staff!
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Hank A. Milius
President/CEO
Meridian Health Services
Improving Patient Healthcare

To “care” is to apply wraparound services to all aspects of health and wellness. To be attentive to the needs and lives of patients in a full-color spectrum of services instead of just one aspect of their needs. Meridian provides “whole-person” healthcare and gives a medical home to patients and families integrating physical, mental and social health to create a complete picture.
Expanding Services in Indiana
Meridian Health Services acquired Madison County Community Health Center (MCCHC) located in Anderson, Indiana with additional offices in Elwood and Alexandria. Serving a large Hispanic population in these locations, Meridian recognizes the ever-changing landscape of healthcare and is ready to help grow and diversify services while enhancing patient care.

DENTAL HEALTH
Meridian Dental is the newest addition to Meridian’s line of medical care. Located in Anderson and Elwood, Meridian Dental is a family dentistry practice providing full dental and oral health services for children and adults.

“Dr. Austin, I was moved by your kindness and compassion you showed me, thank you!” – Elizabeth Cline, Meridian Dental patient

Improving Employee Health
The first Meridian Employee Wellness Fair was held in January for all Meridian employees to help give focus on the priority of health and wellness. Employees were able to receive free health screenings, visit with 30 local community health vendors, enjoy a free lunch, win door prizes and engage in fun fitness and exercise activities. The wellness fair is one of several health programs developed by Meridian’s new employee Wellness Initiative.
50% decrease in babies born with low birthweight

6% greater results in controlled hypertension

and 4% higher results effectively treating ischemic vascular disease than Indiana’s standardized quality health outcomes benchmark statistics.

Uniform Data System (UDS) standardized health outcomes for FQHC’s nationwide.

SOURCE: Health Resources & Services Administration (HRSA)
Suicide Prevention
Actions are motivated by compassion in providing solutions and services for individuals to rise above personal crisis and trauma. Suicide is one of the leading causes of death in the United States, and particularly alarming in Indiana.

2x as many people die annually from suicide in Indiana than by homicide.

Every 8hrs a Hoosier dies from suicide.
**Mental Health First Aid**
Meridian launched the Mental Health First Aid (MHFA) national program to teach skills to identify and respond to youth and adults presenting signs of mental illness and/or substance use. The program focuses on identifying depression, suicide tendencies, anxiety, trauma, psychosis and substance use. Many of Meridian employees became certified Adult and Youth MHFA Trainers so they can also educate people in the community who work in the schools, healthcare, emergency care, agencies and other positions that have direct contact with people in need.

**Trauma Informed Care**
Meridian developed the Trauma Informed Care (TIC) team. TIC is an organizational structure and treatment framework that involves understanding, recognizing and responding to the effects of various types of trauma that patients and staff may be experiencing in their lives. Being “trauma informed” is a component of cultural competency engaging Meridian patients and employees.

**Zero Suicide Initiative**
Question, Persuade and Refer (QPR) is another suicide training that Meridian launched. QPR Gatekeepers are taught to recognize warning signs of suicide, know how to offer hope, and know how to get help to save a life. Much like CPR, QPR is an emergency response to an individual in crisis.
Meridian provided Zero Suicide Initiative Question, Persuade And Refer (QPR) training to 810 individuals this past year.

Started initiative in 8 different school systems and 4 agencies throughout 11 counties across Indiana.

Program training has been highly requested and will continue throughout Indiana.
Addiction
Addiction affects more than an individual, it impacts an entire community. In the United States 3,500 people a day are hospitalized or treated in emergency rooms for opioid-related issues.

Meridian is successfully helping conquer the crisis of addiction in multiple ways with services and programs designed to tackle the opioid and substance use crisis throughout Indiana.
**Speaker Series**

Meridian Health Services launched the first Meridian Community Health Speaker Series—Community, Commitment, Collaboration—featuring the award winning author of *Dreamland*, Sam Quinones. Quinones experienced first-hand, the current opioid drug epidemic that has gained widespread momentum in the United States.

A discussion panel followed Quinones’ presentation, comprised of prominent community health leaders and officials who engaged the audience to discuss issues related to drug addiction, the opioid epidemic and ideas for local solutions.

**Maternal Treatment Program (MTP)**

Celebrating two years of service to pregnant mothers suffering substance use disorder and wanting a better life of health and wellness for themselves and their children—Meridian’s Maternal Treatment Program (MTP) outpatient program has several success stories. Leah is one of the 104 mothers who received treatment for overcoming addiction and gave birth to her healthy newborn daughter free from Neonatal Abstinence Syndrome (NAS).

“I found hope and I have happiness, which I didn’t think I would ever have… and now a beautiful daughter. Meridian saved me and my daughter’s life.”
- Leah, MTP patient

*Rialzo!* celebrated a Decade of Giving in 2019 with the Maternal Treatment Program as the recipient of the funds raised for the third consecutive year to continue growing and meeting the needs of mothers and their unborn children.
Project SAFE (Substance Awareness and Family Education)

Project SAFE is a Meridian event held in local communities raising awareness of dangers related to substance use and to educate and encourage kids and families to make positive choices.

Many organizations including hospitals, law enforcement, drug prevention coalitions, health departments, recovery groups and others join Meridian in helping bring the community together to fight the drug epidemic so many of our cities are facing.

Project SAFE is growing and is now in three communities, including Winchester, Indiana as its newest city this year.

Addiction & Recovery Center (ARC)

The Addictions & Recovery Center (ARC) provides two levels of substance use care, residential detoxification and residential treatment that includes a “whole-person” health approach utilizing behavioral therapy, intensive rehabilitation, medical care, wellness education and post-treatment support. Meridian has two ARC locations in Richmond and its newest one opened this past year in Lafayette, Indiana.
104 treated in the Maternal Treatment Program over the past 2 years.

21 babies born, 0 with Neonatal Abstinence Syndrome (NAS).

(Babies born addicted to drugs)
2018-2019 Board Members
Chris Fancher - Chair
Julie Newhouse
Dr. Chris Bowles
Erica Graham
Dr. Nancy Green
Brian Ring
Brent Webster
Sue Ann Pflum
Mark Hardwick
Mike Lunsford
Wayne Shaffer
Trent Dowling

2018-2019 Development Council
Karen Karmolinski - Chair
Dr. Terry Whitt Bailey
Chris Fancher
Julie Newhouse
Brent Webster
Wayne Shaffer
Lori Luther
Dr. David Gobble
Wil Davis
Dr. Scott Taylor
Sue Ann Pflum
Dr. Chris Bowles

2018-2019 Investment Committee
Julie Newhouse - Chair
Steve Smith
Rick Kelly
Brian Ring
Mike Galliher
Chris Fancher
John Coldren
Meridian served 40,000 PATIENTS providing 526,306 OUTPATIENT VISITS in 47 FACILITIES.

Meridian provided care to 3,920 INDIVIDUALS who were UNABLE TO PAY for services which totaled $3 MILLION IN CHARITY CARE.

Meridian has partnered with 285 SCHOOLS to bring services to students.

18,227 CHILDREN received services from Meridian.

$142,880,000 in revenue was generated during fiscal year 2018-19.

$66,190,000 was dedicated to our 1,204 EMPLOYEES’ salaries & benefits.
FINANCIAL REPORT
July 1, 2018 – June 30, 2019

Revenue generated from serving nearly 40,000 patients: $142,880,000
Patient charges $111,700,000
Federal, state and local government $21,430,000
Investment earnings $510,000
Other sources $9,240,000

We did not receive full payment from:
Those unwilling or unable to pay ($17,020,000)
Other contractual agreements ($33,790,000)

TOTAL FUNDS AVAILABLE: $92,070,000

We applied our funds to:
Wages, Benefits and Contractual payments for 1,204 employees $66,190,000
Purchase services and supplies $7,370,000
Facilities, operating costs and the provision for future services $18,510,000

TOTAL FUNDS APPLIED $92,070,000
MERIDIAN HEALTH SERVICES LOCATIONS:

Muncie – Main Office
240 N. Tillotson Ave.
765-288-1928

Muncie – Annex
130 N. Tillotson Ave.
765-254-5356

Alexandria
101 N. Harrison St.
765-442-0570

Anderson
1547 Ohio Ave.
765-641-7499

Anderson
2010 Brentwood Dr.
765-393-0063

Connersville
707 W. 3rd St.
765-827-1164

Elwood
1518 Main St.
765-552-0841

Fort Wayne
4646 W. Jefferson Blvd.
Ste 100
260-436-0932

Indianapolis
2506 Willowbrook Pkwy.
317-803-2270

Kokomo
424 E. Southway Blvd.
765-865-8914

Lafayette
1500 Salem St.
765-420-1450

Michigan City
422 Franklin St.
574-254-0229

Mishawaka
1818 Went Ave.
574-254-0229

New Castle
930 N. 14th St.
765-521-2450

Portland
931 W. Water St.
260-726-9348

Richmond - Adults
630 E. Main St., Ste. 200
765-935-5390

Richmond - Children
2300 Chester Blvd.
765-983-2220

Rushville
509 Conrad Harcourt Way
765-932-3699

Winchester
730 W. Washington St.
765-584-7820

To learn more about Meridian Health Services or to donate, call 866-306-2647 or visit MeridianHS.org

SPONSORSHIP:

866-306-2647 MeridianHS.org

Muncie
100 N. Tillotson Ave.
765-286-2000

Meridian Senior Health - Behavioral Health Hospital (at IU Health BMH)
2401 W. University Ave.
Muncie, IN 47303
765-747-3281

Meridian Addictions & Recovery Center
416 Grove Rd.
Richmond, IN 47374
765-373-8704

West Lafayette
2900 N. River Rd.
765-464-0400

Suzanne Gresham Center
Children & Family Programs
3620 W. White River Blvd.
Muncie, IN 47304
765-288-1928

Meridian Health Pediatrics
205 N. Tillotson Ave.
Muncie, IN 47304
765-288-1995

-Prime-Time Pediatrics
765-281-4599

MeridianMD
Primary Medical Care
Alexandria
101 N. Harrison St.
765-442-0570

Muncie
100 N. Tillotson Ave.
765-288-3770

110 E. Wysor St.
(at Walnut Commons)
765-216-1815

Dunkirk
1150 S. Main St.
765-768-6065

New Castle
930 N. 14th St.
765-521-2450

Portland-MeridianMD
Convenience Care
500 W. Votaw St.
260-726-4350

Richmond
2300 Chester Blvd.
765-939-2395

Rushville
509 Conrad Harcourt Way
765-932-3699

Meridian Dental & Primary Care
Anderson
1547 Ohio Ave.
765-641-7499

Elwood
1518 Main St.
765-552-0841

To learn more about Meridian Health Services or to donate, call 866-306-2647 or visit MeridianHS.org

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