Creating a whole-person health home for our communities

Annual Report 2016-17
Dear Friends of Meridian,

Just like the rooms of a house serve important, distinct purposes to make one multipurpose place of living, Meridian’s facets of treatment combine for an integrated, comprehensive approach to healthcare. We’ve been expanding the physical, mental and social “rooms” of our home.

Meridian recently collaborated with Jay County Hospital to create MeridianMD Convenience Care, an urgent care center that helps decrease the amount of people using the emergency room for non-urgent medical care. We also established a new Meridian Addictions and Recovery division to address the state’s opioid epidemic. This new division includes two new specialized treatment programs, our Maternal Treatment Program and the Addictions & Recovery Center, along with our intensive outpatient addiction services.

Being an integrated healthcare organization allows us to provide patients a personalized medical team focused on your total well-being through physical, mental and social health. We’re proud to announce that because of this approach, we’re getting national recognition, which you’ll soon read about in this report.

Through a focus on whole-person health, Meridian Health Services is making a difference in creating healthier communities. Our “healthcare home” philosophy makes us a place to go for convenient, high-quality treatment that cares for your total health through primary medical care, behavioral health and social services.

Hank A. Milius
President/CEO
Meridian Health Services
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President/CEO
Meridian Health Services
Meridian introduces Urgent Care
Around the country, emergency rooms are experiencing high rates of utilization for non-emergency conditions. Those in Jay County are no strangers to this problem. To help solve this, Meridian Health Services partnered with Jay County Hospital to open MeridianMD Convenience Care, an urgent care center within the hospital that offers same-day treatment for minor conditions. This new MeridianMD location joins our other offices in Dunkirk and Portland, which offer the rural community more access to healthcare, efficiency, cost savings and integrated whole-person health treatments.

Meridian certified for Drug Pricing Program to help patients in need
Meridian became certified for the 340B Drug Pricing Program, which benefits patients who otherwise can’t afford medicine through traditional pharmacy plans. This federal program limits the price that manufacturers may charge Federally Qualified Health Centers, like Meridian, for outpatient drugs, which allows us to invest that money in additional services. Through collaborations with Wal-Mart, CVS, Walgreens and Genoa pharmacy, Meridian was able to fill 847 prescriptions since April for people who might not otherwise be able to receive necessary medication.
Meridian’s integrated health network gets national attention

Meridian programs win national awards
Two Meridian programs won prestigious national awards for their integrated healthcare efforts. Decision Health recognizes organizations that are considered leaders in the industry, that improve healthcare and positively impact the patients they serve. MeridianMD, Meridian’s primary medical care division, won the “Outstanding Performance in Community Care Settings” - Integrated Care Networks category, while Meridian’s School Programs also won “Outstanding Achievement in Care Coordination Specialty Programs” under the behavioral health category.

Meridian recognized as a change leader at national conference
Hank Milius, Meridian Health Services’ President and CEO, was invited to speak about Meridian’s integrated care model at the 2017 Performance Management Institute in February. The conference brought together leaders from healthcare organizations across the country. Mr. Milius’ presentation focused on how Meridian successfully transformed into a whole-person healthcare organization, treating patients through all three aspects of health: physical, mental and social.
Meridian Addictions and Recovery is our newest initiative in combating the drug epidemic. In addition to Meridian’s intensive outpatient program, this new division includes our Maternal Treatment Program and Addictions and Recovery Center.

Partnering with the community and state officials to tackle addiction
Meridian took a lead role in helping bring people together to diligently fight the state’s drug problem, partnering with many hospitals, local communities and government officials. Meridian invited Jim McClelland, Indiana’s Executive Director for Drug Prevention, Treatment and Enforcement, to host an open forum with community leaders at Meridian to discuss strategies and resources to combat the state’s drug problem. Meridian has also partnered with community drug task forces and community projects, including Ball State University’s Unmasked: The Stigma of Meth documentary – which included Meridian experts – and the Facing Addiction project. Meridian also provided panelists for local radio and television programs addressing addiction.

Meridian opened its first Addictions and Recovery Center in Richmond, which provides residential detoxification and treatment in a therapeutic, 24-hour environment for patients needing intensive addiction services. Meridian staff members treat patients with a whole-person health approach through primary medical care, intensive rehabilitation, behavioral therapy, wellness education and post-treatment support.

More than $150,000 of funds from this year’s Rialzo went toward our Maternal Treatment Program, providing substance abuse support and treatment for drug-addicted mothers and their newborn babies suffering from withdrawal. The program – housed at the Suzanne Gresham Center – is designed to treat the whole person with a professional multi-disciplinary team of community resources through prevention, education, treatment and support that helps change the lifestyles of mothers in crisis, which in turn changes the outcomes for a child born into addiction.
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Meridian reaches community through partnerships and events

Meridian brings behavioral health programs to local schools

Through collaboration with local school systems, Meridian currently provides cutting-edge, immersive services to help students with behavioral needs. Meridian’s partnerships in schools address critical emotional and behavioral issues focused on improvement of the whole child’s health. We have developed key partnerships over the last several years, and now we have partnered with 290 Indiana schools.

Specifically this past year we collaborated with several school systems, including Muncie Community Schools, to create unique, immersive programming that embeds behavioral clinicians as a fully functional team member within the school to help improve behavioral disruptions, attendance, overall student culture and grade point averages. The success of these partnerships is reflected in this positive example at one school - 71 percent of children who would have normally been removed from school until a behavioral assessment was done were able to return to class on the same day, thus saving valuable teaching time for the students and ensuring less disruption for the child, class and school.

Project SAFE

Addressing the need for a community social awareness campaign to help combat drug and alcohol abuse, Meridian created Project SAFE, a community event that raises awareness of the dangers of substance abuse. We partnered with hospitals, police departments, health departments, drug prevention coalitions, A Better Way and Celebrate Recovery to educate families on making smart, healthy choices for the prevention of substance abuse.
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City Fit
Meridian has helped Richmond Mayor Dave Snow improve his community’s perception of health and fitness by hosting City Fit, a fun-filled day of free health-related activities and resources. Mayor Snow said Wayne County was one of the “unhealthiest counties in America,” and he found that much of it had to do with the community’s perceived health barriers to fitness and wellness. Through Meridian’s City Fit this year, more than 500 people were able to learn about whole-person health through a Color Run, group exercise classes and a variety of health vendors and screenings.
Meridian served **40,700 PATIENTS**
in **39 COUNTIES**
providing **601,998 OUTPATIENT VISITS**
in **42 FACILITIES**
with **23 CLINICS**.

Meridian provided care to **3,127 INDIVIDUALS**
who were **UNABLE TO PAY**
for services
which totaled **$3.8 MILLION IN CHARITY CARE**.

Meridian has partnered with **290 SCHOOLS**
to bring services to students.

**17,931 CHILDREN**
received services from Meridian.

**$128.7 MILLION**
in revenue was generated
during fiscal year 2016-17.

**$58.6 MILLION**
was dedicated to our
**1,195 EMPLOYEES’ salaries & benefits.**
FINANCIAL REPORT
JULY 1, 2016 TO JUNE 30, 2017

Revenue generated from serving 40,700 patients:
Patient charges 110,830,000
Federal, state and local government 14,290,000
Investment earnings 310,000
Other sources 3,260,000

We did not receive full payment from:
Those unwilling or unable to pay (16,200,000)
Other contractual agreements (35,820,000)

TOTAL FUNDS AVAILABLE 76,670,000

We applied our funds to:
Wages, Benefits, and Contractual payments for 1,195 employees 58,660,000
Purchase services and supplies 4,990,000
Facilities, operating costs and the provision for future services 13,020,000

TOTAL FUNDS APPLIED 76,670,000

MERIDIAN HEALTH SERVICES DEVELOPMENT COUNCIL
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Wayne Shaffer
Dr. David Gobble
Vicki Tague
Erica Graham
Wil Davis
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Mike Lunsford
Steve Smith
John Littler
Chris Fancher
Wil Davis
John Coldren
Rick Kelly
Mike Galliher

BOARD MEMBERS

Front row from left to right: Chris Bowles, Vicki Tague, Terry Whitt Bailey, Hank Milius (President and CEO)
Back row from left to right: Chris Fancher, Erica Graham, Mark Hardwick, Steve Smith, Brian Ring, Mike Lunsford, Sue Ann Pflum, Julie Newhouse
MeridianMD
Meridian Health Pediatrics
Meridian Women’s Health
Meridian Senior Health
Meridian Addictions and Recovery
Suzanne Gresham Center
Child Advocacy Center
Connxxions
FosterHope

› Muncie
› Richmond
› New Castle
› Anderson
› Winchester
› Portland
› Dunkirk
› Indianapolis
› Rushville
› Connersville
› Kokomo
› Mishawaka
› Fort Wayne

To learn more about Meridian Health Services or to donate, call 866.306.2647 or visit www.MeridianH5.org

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physical
mental
social