

Rialzo Living

GO BABY GO

3 HELLO

A letter from President/CEO, Hank Milius

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America's resort since 1778

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 Thank you for the never ending support

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Hello, Friends of Meridian!



It's nearly "Post Time" when we'll be in our seats ready for the "Run for Rialzo," our eleventh charity benefit gala, racing to raise money for our spectrum of addictions services, especially our Maternal Treatment Program (MTP).

Our theme "Go, Baby, Go" captures the energy and excitement we all have for cheering on the MTP, which helps babies start their lives drug free. For the last three years, while working with partners in our community, the MTP has helped 125 moms, as 26 babies have been born without the need for extensive NICU stays...and more importantly, with a clean start in life.

But our MTP is only one way Meridian is helping win the race against addictions all over our state. From expanding our MTP into neighboring communities, to adding two new inpatient Addictions Recovery Centers, Meridian is indeed competing to win, along with the help of our Governor, whose efforts are featured here as well.

Get your hats and bow ties ready for a little "Rialzo Living," a lifestyle we hope you'll embrace not only on April 18 as you donate, but year round as your gifts help cheer on people recovering from addiction.

The echoes of "Go, Baby, Go" will be heard year round as we strive to help make our communities healthier.

With sincere thanks,

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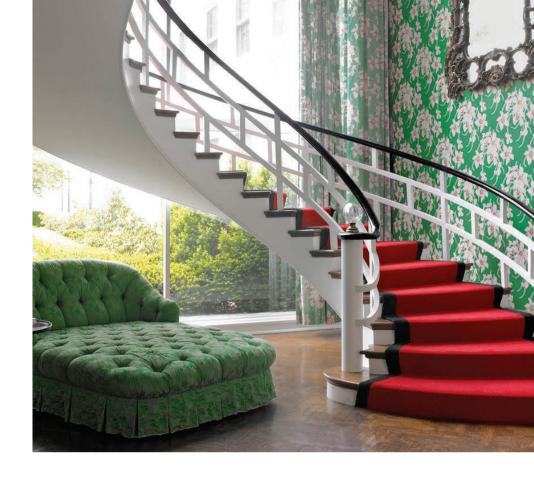
Hank A. Milius

President/CEO



Twenty-three men who were or would become U.S. presidents have stayed here. Dinners are six courses.

The most elaborate are set with 24-karat-gold vermeil and served by waiters in forest green livery. Spread over 6,500 manicured acres, complete with golf courses, skeet shooting, spas and a stream stocked with rainbow trout, the Greenbrier is designated a National Historic Landmark and a resort of distinction and aristocratic carriage.



America's Resort, The Greenbrier

Situated in a lush and remote valley in the Allegheny
Mountains, the Greenbrier is one of the nation's premier resorts, a place that touts itself as a playground for foreign princes and America's political elite.

YOUR TRIP FOR TWO INCLUDES:

- 4 night / 5 day stay during a weekend at the Greenbrier Resort in a traditional room
- Daily resort fee, historic preservation fund fee, and all taxes
- \$500 Greenbrier gift card for dinner, shopping, resort activities, or golf

LIVE AUCTION

VALUE: \$4,000



Thank you to our Sponsors!

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Manor Brothers Concrete
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Scherrer Construction
University Dermatology Center

PLACE

Clancy's Car Wash
Delaware Country Club
Delaware Glass
H&D SupeRent
Heidi J Hale Designs

Willowbrook Interiors

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Wee Wisdom

ARTS PARTNERS

Cornerstone Center for the Arts Muncie Civic Theatre

Muncie Symphony Orchestra



The Derby has become the best-known horse race in North America, held annually in Louisville, Kentucky, on the first Saturday in May, and attracts the top three-year-olds from all over the country. Today, the Kentucky Derby serves as the crown jewel of the Triple Crown, drawing millions of spectators worldwide.



the Kentucky Derby

The race known in the United States as "The Greatest Two Minutes in Sports" for its approximate duration. For many, it is the prime example of what horse-racing once was, and what it could be, for years to come.

YOUR TRIP FOR SIX INCLUDES:

- Limousine service to the Derby from Muncie, snacks and adult refreshments provided
- 6 covered, homestretch tickets to the days races at Churchill Downs, including the Kentucky Derby
- Reservations and \$500 gift card at Jeff Ruby's Steakhouse after the Derby
- Limousine service home after dinner
- Midnight fast food meal of choice on I-69

LIVE AUCTIONVALUE: PRICELESS

You can do so much in Hilton Head, from biking through the beautiful landscape, fishing in the blue waters of the Atlantic, to sailing, horseback riding, and of course, shopping. Enjoy a few easy days relaxing in the sun where you'll find 12 miles of pristine beaches, 24 world-class golf courses and 350 tennis courts, and you'll see why this is an island like no other!



Seaside Escape to Hilton Head

Hilton Head is renowned for its gorgeous seaside scenery, world-class golf courses, dozens of delectable dining locales, a large number of cultural opportunities and the refreshing ambiance of a hospitable Lowcountry city.

YOUR TRIP FOR TWO INCLUDES:

- 4 days / 3 nights accommodations at the Westin Hilton Head Island Resort & Spa or the Omni Hilton Head Oceanfront Resort
- All room-related taxes
- Free shuttle service within surrounding area
- Free concierge reservation service

INSTABUY: \$1,950

Maternal Treatment

Meridian Health Services' Maternal Treatment Program (MTP) was born just three years ago and already has changed the trajectory of 125 women's lives and their families. Today, Meridian announces yet another women's focused addiction service, a residential program serving women in a group setting.

"As the health needs have shifted, so have we," said Hank Milius, Meridian's president and chief executive officer. "Addiction is a scourge on our country, on our state and in our county. Not only must we raise awareness community-wide about the emerging treatments for addiction, we have to be able to provide those treatments ourselves."

Meridian's broad-reaching spectrum of addiction recovery programs begin with infants in the Maternal Treatment Program, where mothers enter a recovery program aimed at stabilizing a young family. But Meridian's continuum of care will now include residential based services for women in need right here in Muncie, with the conversion of Eber House to a women's focused recovery home.

Meridian's continuum also includes Intensive Outpatient Treatment services, Medical Assisted Treatment, traditional outpatient services, Meridian's Addiction and Recovery Centers (ARC) in Richmond and Lafayette, as well as the MTP.

MERIDIAN SERVED OVER 8.000

In the last two years, Meridian has launched a statewide speaker series, tapping experts to discuss addiction. First, there was investigative reporter and award-winning author Sam Quinones, whose book "Dreamland: America's Tale of Opiate Epidemic" recounts the path of opioids and how it overtook the country.

Then there was the very personal story by 1998 first round NFL draft pick Ryan Leaf, who at age 21 was the starting quarterback for the San Diego Charges, with a \$31 million contract. After 15 surgeries, he developed a dependence on Vicodin. He told the audience using the drug "killed the emotional pain. I felt nothing. I had been searching for that since I was 13 years old," he said. "It doesn't make you feel better. It makes you feel nothing."

The ongoing Speaker Series is designed to get the community listening and talking more about solutions.

In addition, Meridian has intensive outpatient recovery programs that include eight to 12-week aftercare programs.

"One of my favorite quotes," says Milius, "is by American anthropologist, Margaret Mead who said: 'Never doubt that a group of thoughtful, committed citizens can change the world. Indeed, it is the only thing that ever has.' "

In the last four years, Meridian is serving 35 percent more patients with addiction needs. "In the medication-assisted treatment program, we've gone from serving 67 patients to nearly 500 patients using Vivitrol or Suboxone as a substitute," said Milius.

Meridian's Maternal Treatment Program is an outpatient treatment program that provides care and support to drugaddicted mothers and their newborn babies born suffering from withdrawal. The program's services are designed to use wholeperson health methods to prevent, educate, treat and provide community support for its patients. This helps change lifestyles of mothers in crisis, which in turn improves the outcomes for children born into addiction.

"We're proud of our Maternal Treatment Program, which helps pregnant women fighting addiction. In the last two years, we have served more than 100 mothers. Almost one addicted mother per week; 26 babies were born who came through our program, and none of them had extended stays in the NICU (which are normally up to 4 weeks)."

Meridian's efforts are in sync with statewide efforts to address overall health of Hoosiers. Indiana's infant mortality rate fell at the highest rate in six years, with the black infant mortality rate declining nearly 16 percent and the rate for Hispanic infants declining nearly 20 percent in 2018.

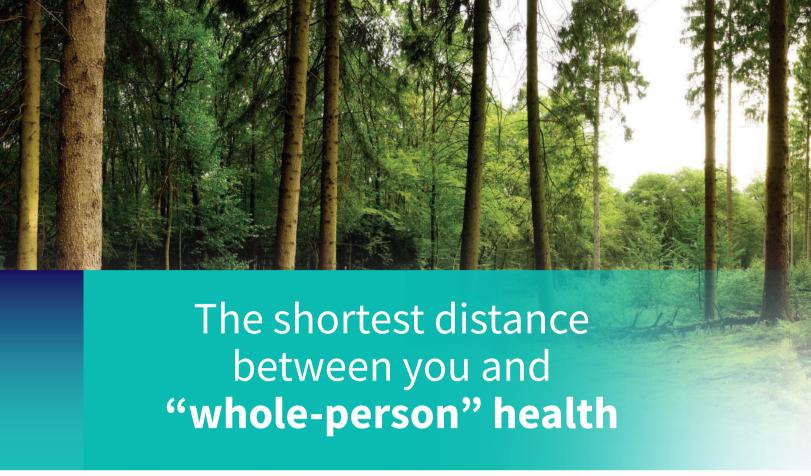
Data from the Indiana State Department of Health (ISDH) show 559 Indiana babies died before the age of 1 in 2018. That number is down from 602 in 2017. The overall infant mortality rate stood at 6.8 per 1,000 babies in 2018, down from 7.3 in 2017.

Indiana has been investing heavily in improving health outcomes for moms and babies as the state works toward Holcomb's goal of having the lowest infant mortality rate in the Midwest by 2024.

Additionally, Meridian's two ARCs in Lafayette and Richmond provide residential treatment to clients with structured support for recovery including behavioral therapy, intensive rehabilitation, wellness education and post-treatment support. Residential treatment is based on individual needs but generally lasts 30 days.

While Meridian cannot be all things to all people, its continuum of addictions care continues to grow to meet the needs of the communities it serves.







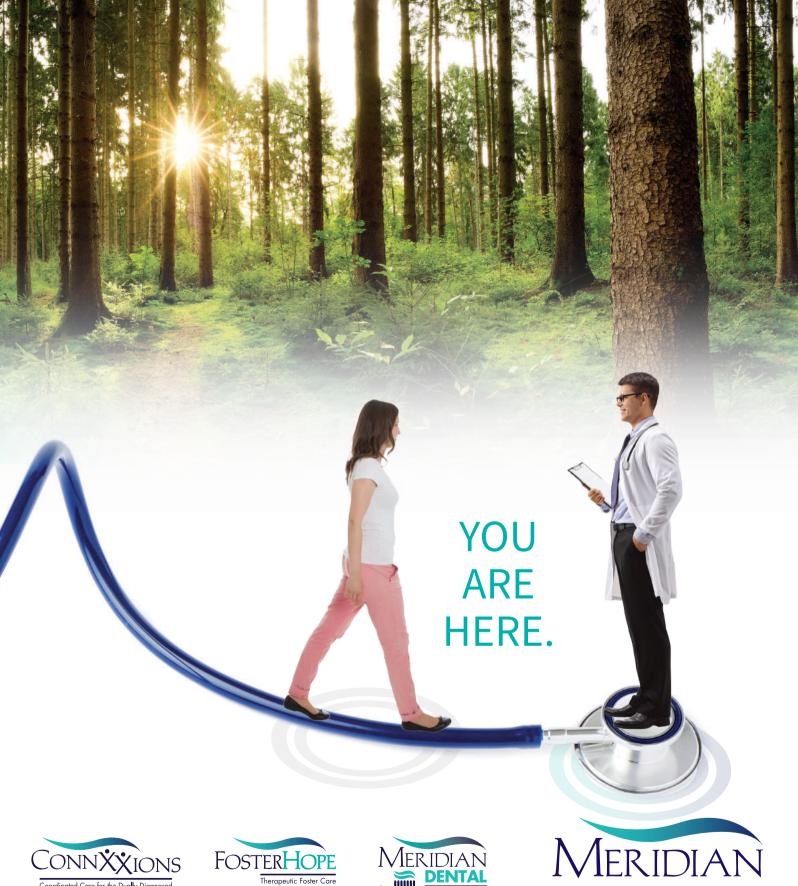




















Physical. Mental. Social Well-Being.





MeridianHS.org



Riverboats, jazz, Creole cuisine and Mardi Gras have given "The Big Easy" its flamboyant reputation, and that rich heritage continues today. Your thorough and fascinating introduction to the endless variety that is New Orleans on your city tour includes such highlights as the Superdome, St. Charles Avenue, the French Quarter, and Jackson Square. Choose from 3 luxurious hotels including the fourstar and four-diamond Windsor Court Hotel, the historic Hyatt Centric French Quarter New Orleans, or the charming Masion Dupuy Hotel located on Bourbon Street.



Home of Jazz, New Orleans

From Cajun to Creole, and French to fabulous, New Orleans is a city of flavors! As the evening sets in, take a lazy ride down the Mississippi in an authentic paddlewheel riverboat for your dinner jazz cruise.

YOUR TRIP FOR TWO INCLUDES:

- 4 days / 3 nights accommodations at either the Windsor Court Hotel, the Hyatt Centric French Quarter New Orleans, or the Maison Dupuy Hotel
- All room-related taxes
- Dinner Jazz Cruise, including a lavish Creole buffet
- Gray Line New Orleans-Super City Tour
- 3-hour class at the New Orleans School of Cooking

INSTABUY: \$2,495



The informative Bourbon Trail Tour will be customized based on your individual bourbon preferences. You will visit three to four distilleries such as Maker's Mark, Jim Beam, Stitzel-Weller and Wild Turkey. You'll also enjoy lunch in the world famous Bluegrass countryside outside of Louisville.



the Kentucky Bourbon Trail

Whether you are first-time Bourbon tasters or veteran Bourbon drinkers, you'll enjoy an enlightening fun-filled day in the beautiful countryside of Kentucky.

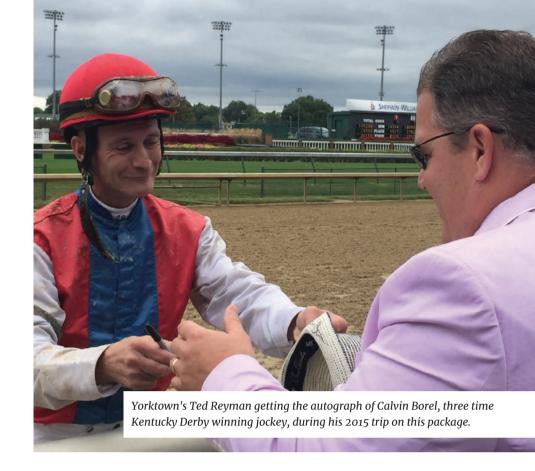
YOUR TRIP FOR TWO INCLUDES:

- 3 days / 2 nights accommodations at your choice of The Omni Louisville Hotel or The 21C Museum Hotel in a king or queenbedded room
- All room-related taxes
- Private 8-hour distillery tour in a chauffeured luxury sedan
- Free concierge reservation service

INSTABUY: \$2,125



Step into the Trackside Winner's Circle at Churchill Downs! A race will be named in your honor and your personalized race name will be listed in the program. You and your guests will be escorted into the Paddock for the saddling prior to your race. After viewing the selected race from trackside, you will step into the Trackside Winner's Circle and present a trophy engraved with your name to the winning owner, jockey or trainer. You will also receive a duplicate trophy and an 8" x 10" color photograph taken in the Winner's Circle to take home as a memento.



Churchill Downs VIP Experience

Enjoy a luxurious Jockey Club Suite for up to 10 people at Roseheights, a renovated historic custom designed home, situated on one of the most elite streets in the city in the prestigious Highlands/Cherokee Gardens neighborhood, just blocks from restaurants, nightlife and shops.

YOUR TRIP FOR TWO INCLUDES:

- VIP Private Jockey Club Suite for 10 at Churchill Downs during the Spring, September, or Fall Meets
- Race Named in your honor & trophy presentation
- 3-night stay at a private estate for up to 10 people (Louisville)
- Southern-Style Country Brunch for 10
- Booking & concierge service

LIVE AUCTION VALUE: PRICELESS

Spirit of Meridian

Governor Eric Holcomb is the recipient of Meridian Health Services' 2020 Spirit of Meridian Award, a recognition that pays tribute to an individual who demonstrates proactive actions in promoting healthier communities. The annual recognition is awarded to someone who has contributed significantly to the overall health and well-being of people and somebody who goes above and beyond the call of duty.

"We could think of no one who has had more impact in a just a short period of time on the overall health of our state," said Hank Milius, Meridian's president and chief executive officer.

Governor Holcomb has identified healthcare as a major initiative in his legislative agenda and specifically focused on attacking the opioid crisis as one of his five pillars of accountability. Holcomb, on his first day in office in 2017, appointed the state's first drug czar, tackling addiction and the state's anti-drug efforts.

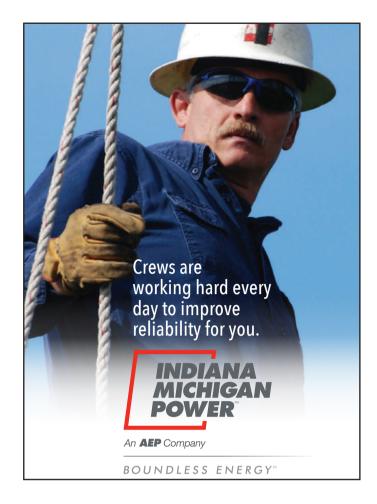
"In large part, the governor's priorities mirror the ongoing work at Meridian. His support of these initiatives and demonstrating clear achievements made him our first choice for this annual award," Milius said.

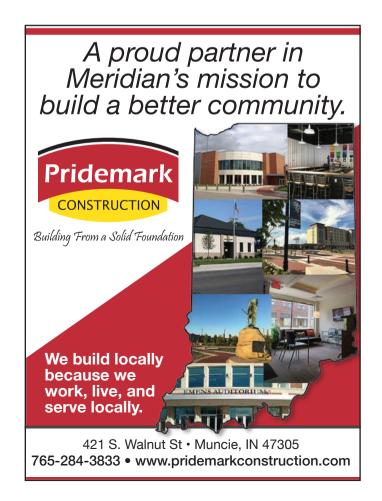
Holcomb reinforces his healthcare initiatives in the 2020 Next Level Agenda, which includes adding more recovery housing for Hoosiers coping with substance use disorder, more mental healthcare services, tools to assess substance use disorder in pregnancy, and prioritizes reducing neonatal abstinence syndrome.

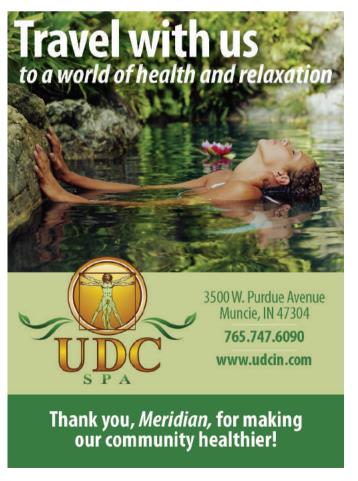
The governor's agenda also includes expanding recovery housing for people fighting opioid use. In addition, Holcomb's efforts to influence Indiana's infant mortality rate are showing signs of great improvement. Indiana's infant mortality rate fell at the highest rate in six years.

The award will be given to Holcomb at the 2020 Rialzo, Meridian's annual charity gala, which is April 18 at the Horizon Convention Center in Muncie, Indiana.









These frozen pops combine two Southern faves: sweet tea and mint juleps! They're sure to get your crowd in the Derby frame of mind!

INGREDIENTS

- 2 cups water
- 2 family-size tea bags
- 1 cup firmly packed fresh mint leaves
- 1 cup cold water
- 3/4 cup bourbon
- 1/2 cup sugar
- 3 tablespoons fresh lemon juice
- **12** (3-oz.) paper cups
- 12 mint leaves (optional)
- 12 small lemon slices (optional)
- 12 (3 1/2-inch) food-safe wooden ice-cream spoons

HOW TO MAKE IT

STEP 1

Bring 2 cups water to a boil in a 2-qt. saucepan. Remove from heat, add tea bags, and stir in 1 cup firmly packed fresh mint leaves. Cover and steep 10 minutes. Discard tea bags and mint. Stir in 1 cup cold water, bourbon, sugar, and lemon juice, stirring until sugar dissolves. Pour mixture into paper cups; add a mint leaf and small lemon slice to each, if desired.

STEP 2

Cover each cup with aluminum foil; make a small slit in center, and insert 1 ice-cream spoon into each cup. Freeze 8 hours or until firm.

YIELD:

Makes 12 pops

Recipe credit: Southern Living Magazine

DRESS CODE NECCESSITIES FOR RIALZO XI

1. Bold, brash, colorful, and confident personality

2. A hat that holds attention (the bigger the better) for ladies and gentlemen

3. Deep pockets (for a great cause)

4. A winning smile (for stylish portraits at Kishel Photography and Tapsnap)

5. A little good luck

6. Outfit-making accessories including chic jewelry, pocket squares, bow ties, and seersucker jackets

- **7.** Some southern charm
- **8.** Helping hands (for a generous gift)
- 9. Skin in the game (University Dermatology Center can provide a refresh)
- 10. A taste for southern fare
- 11. A heart for the cause **9**















RIALZO XI

MERIDIAN'S CHARITY GALA

April 18, 2020 | 6:00 P.M. | Horizon Convention Center

IT'S OFF TO THE RACES...



Here's How to Prepare for the Run for Rialzo.

- The party starts EARLY!
 - Doors open at 6:00 p.m. Bring your pre-party TO the party!
- ► Choose how you'll park.

 Valet at the Courtyard Marriott, or self-park in the downtown garage.
- Check in

Look for Qtego workers in the orange shirts. They'll get you registered for everything you would pay for that evening, including **drinks**, raffle tickets, auction items, and games!

Purchase Win-Win raffle tickets

Only \$100 each, or in multiple discounted bundles. Enter for a chance to win prizes, each worth thousands! Pre-register and purchase raffle tickets at **MeridianHS.org**

Turn in your raffle tickets and fully stamped UDC Triple Crown racing form at designated areas in main hallways to win! Deadline for submitting is 10 p.m.

Get your bids in!

Monitor and bid on your silent auction items via Qtego app on your mobile device. Silent auction bids close at $9:30~\rm p.m.$

▶ Dance the night away!

The Nashville-based Downtown Band will perform LIVE starting at 9:00 p.m. for a 3+ hour continuous southern party!

▶ Hang out in the Stable Lounge!

Bourbon bar, live music, and games create the perfect lounge space in Interurban Hall.

▶ Pace yourself ... there's more!

Rialzo XI's after party at Vera Mae's Bistro, located at 209 S. Walnut Street.

▶ Get home safely or book a hotel.

Rialzo XI will be a destination not to be forgotten, but if you're planning on drinking, we suggest booking a hotel room at our two partner hotels, the Courtyard Marriott or Hampton Inn and Suites.

Call and ask for the Rialzo block!

Use the hashtag #RIALZO on your social media posts,



LET PEOPLE KNOW YOU'RE AT THE RUN FOR RIALZO!



tag **@MeridianHealthServices** on Facebook, and look for our Snapchat filter!

(0)

LIKE and follow us: facebook.com/MeridianHealthServices



UNIVERSITY DERMATOLOGY ANTI-AGING CLUB AND COOLSCULPTING \$8,000 value

Look youthful and maintain the beauty of your skin with University Dermatology's Anti-Aging Club membership. This package is valid for one year and includes 100 units of botox, 1 microderm or dermaplaning every 3 months, 1 laser genesis every quarter, 2 bottles of Nirlana and 20% off any products at UDC. This package also includes one session of Coolsculpting each quarter for one year.



KING-SIZED BED FROM WALLS FURNITURE AND MATTRESS \$5,000 value

Take relaxation to the next level with this dual comfort, king-sized bed from Walls Furniture. The NEW Copper Hybrid mattress by Sealy (PLUSH or FIRM) paired with the industry's most advanced adjustable base featuring 12-vibrational massaging zones, dual charging ports, under bed LED lighting, and new partner control (for anti-snoring!) with Siri shortcut.



DELAWARE COUNTRY CLUB FAMILY MEMBERSHIP \$5,000 value

Fine dining, exquisite banquet rooms and services, a championship golf course, large practice facility, top rated pro shop, private locker rooms and lounges, and a sparkling pool are all yours to enjoy. Memberships include unlimited golf and practice range, bag storage, reciprocal privileges at other Indiana country clubs, full access to the pool and outstanding dining.



RIALZO TICKETS FOR A DECADE \$5,000 value

Attend the Meridian Health Services' annual charity gala celebrating the harmony of "whole-person" health for the next decade! Enjoy an evening of spectacular entertainment, performances from our arts partners, dinner, dancing, and fundraising auctions all in support of Meridian's programs. This package includes two tickets to Rialzo for 10 years.



MEALS FOR A YEAR BY ONCE UPON A PLATE \$5,000 value

Never cook dinner again — or at least for a year! Once Upon a Plate Catering is offering a year of personalized chef prepared meals from Prepped — nutrition built around your lifestyle. The variety of meals change every week, but they're always delicious! Get 5 dinners or lunches for two people (total of 10 meals) every week for one year. Substitutions are available for dietary restrictions and allergies.



AMERICA'S RESORT \$4,000 value

Situated in a lush and remote valley in the Allegheny Mountains five hours' drive southwest of Washington D.C., the Greenbrier is one of the nation's premier resorts, a place that touts itself as a playground for foreign princes and America's political elite. Twenty-three men who were or would become U.S. presidents have stayed there. Dinners are six courses. The most elaborate are set with 24-karat-gold vermeil and served by waiters in forest green livery.



FAMILY HAIR CARE FOR ONE YEAR BY REDHEAD \$3,500 value

Haircare services and products for you and your immediate family members for one year from date of purchase, April 18, 2020 through April 17, 2021. Redhead has been a staple for luxury haircare in the Muncie community since 2005. Includes highlighting services, haircuts, conditioning treatments, children's haircuts, and men's haircuts. Products will include shampoos, conditioners, and styling products from Davines, BennieFactor, GAGE for Men, and Hot Tots.



CLANCY'S GIFT CARD \$2,500 value

Clancy's is proud to be celebrating over 50 years of helping keep your vehicle clean! Since 1967, they have grown to eight locations in Delaware, Madison, and Henry counties with plans to add more locations soon. This \$2,500 gift card can be used at any Clancy's location for any service! Clancy's Village Bowl also accepts Super Saver Cards anytime for leagues, open bowling, shoe rental, birthday parties, food, and beverage.



WILLOWBROOK INTERIORS \$2,500 value

Create a space your friends will be envious of. Spice up an outdated room in your home or use this package to bring in the experts for your holiday decorating. This package includes \$2,500 of interior design services from Fred Reese.



STUNNING EARRINGS FROM HEIDI J HALE \$1,800 value

Accent your favorite Derby hat! Amazing 18k white gold earrings encompass a half carat total weight in excellent quality diamonds. The length from top to bottom is one and a quarter inches. These earrings can be worn on special occasions or as everyday luxury.



COMMERCIAL BANKING | PERSONAL BANKING | PRIVATE WEALTH

First Merchants has all the financial banking tools to make your life as efficient as possible. For more information, please call 800.205.3464 or check us out at firstmerchants.com.

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