Meridian Health Services offers specialized programs for individuals who are dealing with substance use disorders and other addictions. These programs are designed to treat addiction and promote the change to a healthy lifestyle.

Call Meridian Health Services at 866-306-2647 to learn how to be free from the addictions in your life.
Services

Individuals battling substance use disorders associated with alcohol, drugs, tobacco use, gambling, and/or other addictions can find treatment and support at Meridian Health Services. Depending on the severity of the disorder or addiction, a number of treatment options are available, including:

- Addictions and Recovery Center (ARC)
- Maternal Treatment Program (MTP)
- Women’s Recovery Home
- Intensive Outpatient Treatment (IOT)
- Primary medical care through MeridianMD
- Medication-Assisted Treatment (MAT) Vivitrol and Suboxone
- Psychiatric evaluation
- Medication management
- Individual and group counseling
- Peer Recovery Support
- Support groups
- Aftercare services
- Family support
- Addiction education

Addiction services are provided by Meridian Health Services’ staff who are trained and licensed.

Several Meridian Health Services locations throughout Indiana offer addiction services. The range of services available may vary by location.

Intensive Outpatient Program and Aftercare

Addictions services are divided into two distinct phases to provide effective long-term treatment. First, an individual will participate in an Intensive Outpatient Program (IOP) focusing on addiction treatment that occurs a minimum of 9 hours per week for at least 6 weeks. Following completion, an individual will participate in an 8-12 week aftercare program. This is a weekly group therapy program focused on long-term recovery.

Addictions & Recovery Center

The Addictions and Recovery Center (ARC) provides more intensive treatment in a residential setting, with two levels of care to accelerate recovery: residential detoxification and residential treatment.

Residential detoxification typically lasts 3-5 days, followed by residential treatment to provide the required structured support for recovery. Clients receive 24-hour clinical care while in a residential, therapeutic environment, treated through “whole-person” health methods including behavioral therapy, intensive rehabilitation, wellness education, medical care and post-treatment support. Residential treatment lasts up to 30 days. We have two ARC locations in Richmond and at River Bend Hospital in West Lafayette.

Maternal Treatment Program

Meridian Health Services’ Maternal Treatment Program (MTP) is an outpatient program that provides care to mothers with substance use disorder(s) and newborns dependent upon substances.

Located in Anderson, Muncie & Richmond, the program’s services are designed to treat the whole person through prevention, education, treatment and community support. This helps change lifestyles of mothers in crisis, which in turn changes the outcomes for a child born into addiction.

Women’s Recovery Home

Meridian Women’s Recovery Home in Muncie provides a solid foundation for women struggling with substance use disorder and seeking recovery.

The program consists of a structured, 2-Phase addiction and behavioral health treatment, with a holistic approach treating the mind and body in a residential group home setting for up to 90 days. Meridian Women’s Recovery Home places a strong focus on integrated care for women and their children through additional services such as primary medical care, women’s health and pediatrics.

Meridian Health Services helps promote long-term freedom from addiction.

Call 866-306-2647 to begin the first step to recovery. We accept Medicaid, most insurances and offer a sliding fee scale to those eligible.