Quality mental health services for individuals with intellectual or developmental disorders (IDD) and mental health needs. We refer to this as dually diagnosed. Through the Connxxions program, participants gain skills that foster independence and enrich their lives.

Connxxions Program includes:

- Individual & Family Therapy
- Group activities
- Personal health skills
- Case management
- Psychiatric services
- MeridianMD—Family Medical Care
- Behavior management consultation
- 24-Hour preventative hotline

Meridian Health Services offers easy access to care. Call your preferred office for times.

To inquire about the Connxxions program nearest you, call 866-306-2647.

Meridian Health Services provides:

- Addiction and Recovery Services
- Residential Treatment Centers
- Maternal Treatment Program
- Women’s Recovery Home
- Homelessness and independent living support
- Programs for individuals with intellectual or developmental disorders and mental health needs
- Case management, skill building and supported employment
- HIV Non-Medical Case Management

WALK-INS AND SAME DAY APPOINTMENTS! Meridian Health Services offers easy access to care. Call your preferred office for times.

Meridian Health Services is a regional, progressive healthcare organization specializing in “whole-person” health integrating physical, mental and social well-being. The focus on a broader spectrum of health offers a well-rounded approach for happier, healthier patients.

Our Approach

Meridian Health Services has a unique approach to patient care that integrates physical, mental and social well-being to achieve “whole-person” health. This offers patients a true “medical home” where treatments, medications and doctors are coordinated seamlessly to address the full spectrum of one’s health. Integrating medical care, behavioral health and human services helps improve quality of care, outcomes, satisfaction and convenience for happier, healthier patients.

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Primary Medical Care-MeridianMD

Meridian Health offers primary medical care for people of all ages including medical exams, wellness assessments, illness visits and disease management. The integration of medical and behavioral healthcare offers individuals a seamless approach to treating the body and mind for total well-being. MeridianMD also offers the specialty of Internal Medicine for adults at several of our clinics.

MeridianMD offers:
- Routine medical care
- Treatment of chronic medical conditions
- Illness visits and minor injuries
- Diabetes screening and disease management
- Wellness assessments
- Blood pressure, cholesterol, weight management, nutrition, vaccines, health coaching
- Behavioral and Social Health

Women's Health

Meridian Women's Health provides specialized obstetric and gynecology services for any stage of a woman's life. Individualized care for each patient includes important connections to additional services, if needed, like primary medical care, behavioral health and social services.

Outpatient Counseling & Therapy

Meridian Health Services offers professional counseling by licensed clinical social workers, mental health counselors and family therapists. We work with individuals, couples, and families struggling with depression, anxiety, stress, adjustment problems, and other life challenges. We are committed to providing individual, person-centered attention to help individuals and families achieve mental, physical and social well-being.

Addictions Treatment

Individuals experiencing substance use disorders associated with addiction can find treatment and support at Meridian.

Community Support Program

Adults with a severe and persistent mental illness face particular challenges and barriers to achieving recovery, wellness and self-reliance in everyday living. Meridian Health Services offers an array of treatment options to help people manage their illness to become more independent and thrive in their community.

Intensive Community Treatment

A multi-disciplinary, team-based treatment program that provides intensive services directly to individuals in their home and community. This program is designed to prevent hospitalization, incarceration and homelessness of persons with a severe and persistent mental illness, who may otherwise not make use of traditional mental health services. The multidisciplinary team includes a psychiatrist, registered nurse, care managers, vocational specialist and addictions specialist.

Psychiatric Evaluations

Identifying behavioral health issues is an important step to achieving overall wellness. The psychiatrists and clinical nurse practitioners at Meridian provide comprehensive psychiatric evaluations and medication management to adults experiencing symptoms of depression, anxiety and other mental health conditions.

Supported Employment

With the assistance of an employment specialist, adults can acquire the skills necessary to gain and maintain employment in the community. Working in partnership with Indiana Vocational Rehabilitation Services, the employment specialist links employers with qualified job seekers and provides ongoing job coaching and support in the workplace.

HIV Non-Medical Case Management

HIV Non-Medical Case Management (NMCM) is a specialized form of case management that assists those living with HIV in gaining access to health and social services. Our comprehensive program promotes overall well-being for the individual.

MeridianHS.org